

Who We Serve

 Seniors who are at least 60 years of age and reside in Cumberland County

How We Are Funded

- Federal / State Grants
- Cumberland County
- United Way
- Other Grants
- Program Income
- Public Donations

Your individual contributions make a difference and are 100% tax-deductible. Cumberland County Council on Older Adults is a 501 (c) (3) non-profit organization.

Financial information about this organization and a copy of its license are available from the State Solicitation Licensing Branch at 919-807-2214 or 888-830-4989. This license is not an endorsement from the State.

Tax ID #: 56-0902659



Helping Hands: Volunteer With Us!

You don't have to be a senior to volunteer - we accept volunteers of all ages. The following is a list of programs for which we utilize volunteers:

- Information & Options Counseling
- In-Home Aide Services
- Meals on Wheels
- Congregate Lunch Program
- Home Improvement Program
- Retired Senior Volunteer Program (RSVP)
- Senior Companion Program
- Seniors Health Insurance Information Program (SHIIP)
- Telephone Reassurance Program

Call our main number or visit our website today to inquire about volunteering!



339 Devers Street Fayetteville, NC 28303 910-484-0111

www.ccccooa.org







Dedicated to Helping Older Adults Maintain Independence with Dignity



Cumberland County Council on Older Adults

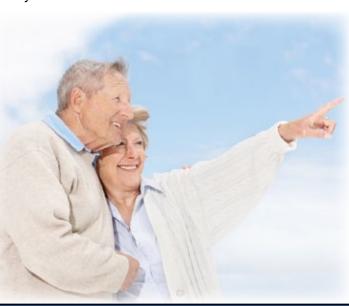
About Us

The Cumberland County Council on Older Adults (Council on Older Adults) was founded in 1968 as a non-profit organization. Our mission is to provide resources that help older adults maintain their independence and age with dignity.

The Council on Older Adults offers a variety of home and community-based programs at no cost to eligible recipients. Each program is unique and offers services and/or volunteer opportunities which support our mission.

To learn more about our programs or to volunteer call 910-484-0111.

We look forward to serving you or someone you know.



Programs We Offer

Information & Options Counseling

- Information provides seniors and/or their caregivers access to and connects them with programs and services.
- Options Counseling offers a personcentered support system, provides assistance in planning for long-term services including in-person meetings, developing action plans and follow up.

In-Home Aide Services

- Registered nurses and certified nursing assistants help with personal care needs and home management tasks for eligible older adults.
- We are licensed by NC Department of Health & Human Services.

Meals on Wheels

 Friendly volunteers of all ages deliver nutritious meals Monday-Friday to homebound older adults who are unable to prepare meals and/or have no one willing to provide meals.

Congregate Lunch Program

 Older adults attend a lunch site, enjoy a nutritious noontime meal and participate in social activities.

Home Improvement Program

 Our staff and volunteers make minor home repairs, security enhancements, and accessibility and safety modifications.

Retired Senior Volunteer Program (RSVP)

- Volunteers at least 55 years of age serve at volunteer stations - organizations that partner with our agency to help seniors "Age in Place".
- Volunteers receive supplemental insurance, mileage reimbursement and recognition.

Senior Companion Program

- Volunteers at least 55 years of age are matched with clients and provide companionship and light household tasks.
- Volunteers receive supplemental insurance, mileage reimbursement and recognition.

Senior Health Insurance Information Program (SHIIP)

 Trained volunteers counsel Medicare beneficiaries and caregivers about Medicare, Medicare supplements, Medicare Advantage, Medicare Part D and long-term care insurance.

Telephone Reassurance Program

 Trained volunteers make regular telephone contact with homebound seniors to provide safety checks, medication reminders and caring conversations.