



Who We Serve

- Seniors who are at least 60 years of age and reside in Cumberland County

How We Are Funded

- Federal / State Grants
- Cumberland County
- United Way
- Other Grants
- Program Income
- Public Donations

Your individual contributions make a difference and are 100% tax-deductible. Cumberland County Council on Older Adults is a 501 (c) (3) non-profit organization.

Financial information about this organization and a copy of its license are available from the State Solicitation Licensing Branch at 919-807-2214 or 888-830-4989. This license is not an endorsement from the State.

Tax ID #: 56-0902659



A United Way Partner Agency

Helping Hands: Volunteer With Us!

You don't have to be a senior to volunteer - we accept volunteers of all ages. The following is a list of programs for which we utilize volunteers:

- Information & Options Counseling
- In-Home Aide Services
- Meals on Wheels
- Congregate Lunch Program
- Home Improvement Program
- Retired Senior Volunteer Program (RSVP)
- Senior Companion Program
- Seniors Health Insurance Information Program (SHIIP)
- Telephone Reassurance Program

Call our main number or visit our website today to inquire about volunteering!



**339 Devers Street
Fayetteville, NC 28303
910-484-0111**

www.ccccooa.org



*Dedicated to Helping
Older Adults
Maintain Independence
with Dignity*



Cumberland County Council on Older Adults

About Us

The Cumberland County Council on Older Adults (Council on Older Adults) was founded in 1968 as a non-profit organization. Our mission is to provide resources that help older adults maintain their independence and age with dignity.

The Council on Older Adults offers a variety of home and community-based programs at no cost to eligible recipients. Each program is unique and offers services and/or volunteer opportunities which support our mission.

To learn more about our programs or to volunteer call 910-484-0111.

We look forward to serving you or someone you know.



Programs We Offer

Information & Options Counseling

- Information provides seniors and/or their caregivers access to and connects them with programs and services.
- Options Counseling offers a person-centered support system, provides assistance in planning for long-term services including in-person meetings, developing action plans and follow up.

In-Home Aide Services

- Registered nurses and certified nursing assistants help with personal care needs and home management tasks for eligible older adults.
- We are licensed by NC Department of Health & Human Services.

Meals on Wheels

- Friendly volunteers of all ages deliver nutritious meals Monday-Friday to homebound older adults who are unable to prepare meals and/or have no one willing to provide meals.

Congregate Lunch Program

- Older adults attend a lunch site, enjoy a nutritious noontime meal and participate in social activities.

Home Improvement Program

- Our staff and volunteers make minor home repairs, security enhancements, and accessibility and safety modifications.

Retired Senior Volunteer Program (RSVP)

- Volunteers at least 55 years of age serve at volunteer stations - organizations that partner with our agency to help seniors "Age in Place".
- Volunteers receive supplemental insurance, mileage reimbursement and recognition.

Senior Companion Program

- Volunteers at least 55 years of age are matched with clients and provide companionship and light household tasks.
- Volunteers receive supplemental insurance, mileage reimbursement and recognition.

Senior Health Insurance Information Program (SHIIP)

- Trained volunteers counsel Medicare beneficiaries and caregivers about Medicare, Medicare supplements, Medicare Advantage, Medicare Part D and long-term care insurance.

Telephone Reassurance Program

- Trained volunteers make regular telephone contact with homebound seniors to provide safety checks, medication reminders and caring conversations.