



CAREGIVER SUPPORT GROUPS

Are you the caregiver of an older adult looking for education on various topics and the mutual support of other caregivers?

Please join us for one of our monthly caregiver support groups... virtual and in-person options available to ensure access to all who would like to join!

In-Person Option

Date: 1st Wednesday of every month

(January 7th, February 4th, March 4th, April 1st, May 6th, June 3rd)

Time: Fellowship from 11:00am to 11:30am, group meeting from 11:30am to 1:00pm

Where: Council on Older Adults, 339 Devers St, Fayetteville NC 28303

Virtual Options

Date: 2nd Tuesday of every month

(January 13th, February 10th, March 10th, April 14th, May 12th, June 9th)

Time: 5:00pm to 6:30pm

Where: Zoom

Date: 3rd Wednesday of every month

(January 21st, February 18th, March 18th, April 15th, May 20th, June 17th)

Time: 11:30am to 1:00pm

Where: Zoom

To RSVP for the in-person group or receive the Zoom invitation for the virtual group, please contact:

Lisa Hughes

Call: 910-484-0111 ext 242

Email: lhughes@cccocoa.org



United Way of
Cumberland County

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