



CAREGIVER SUPPORT GROUPS

Are you the caregiver of an older adult looking for education on various topics and the mutual support of other caregivers?

Please join us for one of our monthly caregiver support groups... virtual and in-person options available to ensure access to all who would like to join!

In-Person Option

Date: 1st Wednesday of every month

(July 1st, August 5th, September 2nd, October 7th, November 4th, December 2nd)

Time: Fellowship from 11:00am to 11:30am, group meeting from 11:30am to 1:00pm

Where: Council on Older Adults, 339 Devers St, Fayetteville NC 28303

Virtual Option

Date: 3rd Wednesday of every month

(July 15th, August 19th, September 16th, October 21st, November 18th, December 16th)

Time: 11:30am to 1:00pm

Where: Zoom

To RSVP for the in-person group or receive the Zoom invitation for the virtual group, please contact:

Hunter Stewart

Call: 910-484-0111 ext 244

Email: hstewart@ccccoa.org

