



CAREGIVER SUPPORT GROUPS

Are you the caregiver of an older adult looking for education on various topics and the mutual support of other caregivers?

Please join us for one of our monthly caregiver support groups... virtual and in-person options available to ensure access to all who would like to join!

In-Person Option

Date: 1st Wednesday of every month

(June 4, July 2, August 6, September 3, October 1, November 5, December 3)

Time: Fellowship from 11:00am to 11:30am, group meeting from 11:30am to 1:00pm

Where: Council on Older Adults, 339 Devers St, Fayetteville NC 28303

Virtual Options

Date: 2nd Tuesday of every month

*with the exception of November

(June 10, July 8, August 12, September 9, October 14, November 4, December 9)

Time: 5:00pm to 6:30pm

Where: Zoom

Date: 3rd Wednesday of every month

(June 18, July 16, August 20, September 17, October 15, November 19, December 17)

Time: 11:30am to 1:00pm

Where: Zoom

To RSVP for the in-person group or receive the Zoom invitation for the virtual group,
please contact:

Lisa Hughes

or

Kelly Moreton

Call: 910-484-0111 ext 242

910-484-0111 ext 244

Email: lhughes@cccocoa.org

kmoreton@cccocoa.org